

## **Evaluation of Reward and Punishment Methods in Improving Student Discipline at SDN 39 Palembang**

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### **Abstract**

Education plays a vital role in the development of a nation. A teacher is expected to determine the right teaching approach in the teaching and learning process. One strategy that can increase attention and make students more active is to reward rewards, praise, and punishment. This type of research is qualitative descriptive research. The subjects in this study were the principal, Waka students, class teachers, and students at SDN 39 Palembang. The research results proved that the assessment of reward and punishment methods on student discipline at SDN 39 Palembang was considered good. Therefore, the reward and punishment method can motivate student enthusiasm and increase student discipline at school.

**Keywords:** Reward, Punishment, Discipline

### **Abstrak**

Pendidikan memegang peranan yang sangat penting dalam pembangunan suatu bangsa, Dalam pengajaran, seorang guru diharapkan dapat menentukan pendekatan pengajaran yang tepat dalam proses belajar mengajar. Salah satu pendekatan yang dapat meningkatkan perhatian dan membuat siswa lebih aktif adalah dengan memberikan hadiah berupa penghargaan serta pujian dan hukuman. Jenis penelitian ini adalah penelitian deskriptif kualitatif. Subjek pada penelitian ini adalah Kepala sekolah, Waka kesiswaan, guru kelas serta siswa di SDN 39 Palembang. Hasil penelitian yang diterima membuktikan bahwasanya penilaian metode reward and punishment terhadap disiplin siswa di SDN 39 Palembang dinilai sudah baik. Oleh karena itu, dengan adanya metode reward and punishment tersebut dapat memberikan motivasi semangat siswa serta meningkatnya kedisiplinan siswa di sekolah.

**Kata kunci:** Reward, Punishment, Kedisiplinan

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## **INTRODUCTION**

Education plays a vital role in the development of a nation because it produces more qualified human resources (HR) through the field of education, striving to build the country and state to achieve a just and prosperous society ( Ningrum, 2016). Whether or not the learning process is completed in attaining educational goals is influenced by several factors, including teaching methods and making students more active by giving prizes in the form of rewards, praise, and punishment (Purwanto, 2019). Nasution said, "Praise is an encouragement for someone to study harder. Praise is always associated with good achievement" (Solikhah, 2010). According to Winkel, punishment must also be carried out in addition to providing the above motivation. It is intended that students try to learn to avoid punishments promised by their teachers (Rustam & Pautina, 2020).

They were discussing rewards, which are essential to be carried out to improve discipline (Nafisah & Kirana, 2021). Rosdiana stated that tips in the form of praise, prizes, and awards could

help the field, which is vital to improving it (Hakkul Yakin et al., 2022). Punishment seeks to reinforce student learning by presenting unpleasant experiences. Decrease improper behavior. Students who often engage in inappropriate behavior will be encouraged to stop it (Khumaidi, 2020).

Discussing reward and punishment regarding discipline and student achievement is essential. As shown from the previous explanation, it shows that the implementation of reward and punishment is a practical rule to get through problems in educational institutions, especially those related to wrong attitudes that cause students to become undisciplined and affect the achievement of their learning abilities to be low (Dihan & Hidayat 2020). There are two causes of deviant behavior in students: internal and external forces. One form of deviation students commit is not being disciplined when facing learning activities. Indiscipline also leads to achievements. Students can suffer from a lack of attention and guidance from both sides, from teachers, educational institutions, and parents, as well as from their environment. In this case, teachers or institutions and parents should manage and supervise their children. This is where the factors influence students' good and bad discipline attitudes and learning outcomes (Bani et al., 2021).

Based on the description above, it can be seen that discipline is an almost problem in an educational institution. Therefore, the author wishes to conduct research entitled "Evaluation of Reward and Punishment Methods to Improve Student Discipline at SDN 39 Palembang". This research needs to be done considering the importance of improving student discipline.

## **METHOD**

This type of research is qualitative descriptive research. The subjects in this study were the principal, Waka students, class teachers, and students at SDN 39 Palembang—data collection techniques of interviews, observations, and archiving. The data analysis techniques used include the data reduction process, then data presentation, and node withdrawal.

## **RESULTS AND DISCUSSION**

### ***Implementation of reward and punishment methods for student discipline at SD Negeri 39 Palembang***

The reward and punishment method is interactive learning where educators invite students to actively transfer knowledge (Yunus & Moch. Hasyim Fanirin, 2021). Educators encourage students to be active when learning so that students are all active and no one is passive, and also encourage students who are less active or shy, can become engaged in learning.

### ***Discipline related to learning outcomes***

Learning discipline is defined as a form of care and obedience of students in implementing the rules that have been determined by schools and teachers in implementing learning (Mali, 2022). However, in every learning process, students often encounter difficulties. It cannot be denied if a student wants to achieve good grades. Of course, students must study diligently to get good grades.

And if students get good grades, of course, the teacher rewards students, be it in the form of gifts or praise, so that students can maintain their discipline in learning. If given rewards or prizes, participants will continue to learn to get credit from their teachers. Learning must also be encouraged from students' hearts to want to know. Without encouragement from students' hearts to like to learn, it will be useless because learning is something where we want to gain knowledge for our 'future.

Arikunto defines learning discipline as an action that displays a sense of anxiety motivated by awareness to fulfill responsibilities and commitments to achieve learning goals (Vivin, 2019). E. Mulyasa defines learning discipline as a condition in which learners are involved in the learning process based on self-determined norms without coercion, including written and unwritten rules for changing behavior (Mulyasa, 2005).

So according to the experts above, it can be concluded that discipline is a must in learning. If we want to succeed in learning, we must first be disciplined in learning, namely by intending in our hearts to study seriously, to succeed in achieving a brilliant future (Apriyanti & Syahid, 2021). With the intention in our hearts to learn, we can absorb all teaching well. And when there are questions at school, we can answer them well.

#### ***Discipline regarding obeying the rules of conduct***

With the implementation of the reward and punishment method to increase student discipline at SD Negeri 39 Palembang, what teachers do is introduce student rules found in schools to be carried out on students and explain in detail about applying assessment techniques, then encourage students always to follow the rules and students will also not feel burdened by these rules. Reward and punishment are essential in improving the discipline of the most critical students, as external factors lead and guide student actions. Because giving appreciation to the disciplinary process can increase the enthusiasm for student learning and provide positive behavior by changing the behavior of these students, thus, according to Suharsimi Arikunto, when giving students awards, teachers must consider that prizes can be distributed by adjusting the circumstances and conditions of students until the teacher hands over the prize. Not all students can receive it.

#### ***Obstacles to the implementation of reward and punishment methods for student discipline at SDN 39 Palembang***

Some obstacles when using the reward and punishment method here are, first, difficulty in managing students. Second, their lack of self-awareness. Third, their lack of understanding of the benefits of discipline that will be applied in their lives later and the COVID-19 pandemic conditions that occurred two years ago also make the main obstacles to the reward and punishment method used here. The solution to deal with the challenges of implementing the reward and punishment method to the discipline of students is to carry out a sentimental approach, foster positive interactions with parents, and also carry out similar work with parents, with this work related to the application of reward and punishment methods can be carried out.

### ***Assessment of the Application of the Reward and Punishment Method to student discipline at SDN 39 Palembang***

Evaluation in learning is a process of determining the level of achievement of learning objectives that have been defined previously systematically. In assessing the reward and punishment method of student discipline, procedural evaluation is used, which is an evaluation carried out during the learning process that examines the daily attitudes of students while in the SDN 39 Palembang environment.

### **CONCLUSION**

From the description that the author presents, it can be concluded that: The results of the assessment of reward and punishment methods for student discipline at SDN 39 Palembang are said to be good. Teachers have already assessed students who get rewards and punishments. The tips given are awards, appreciation, and prizes. At the same time, the sentence given is in the form of points, direct reprimands, and the summoning of student guardians. Therefore, the reward and punishment method can motivate student enthusiasm and increase student discipline at school.

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